

## ROWAN CREEK WEEK

Creek Week is a week-long celebration of local waters throughout North Carolina. This year, Rowan Creek Week will be September 14th-21st. In conjunction with multiple organizations and local municipal departments, Creek Week offers recreational, educational, and volunteer opportunities to allow everyone to enjoy and contribute to healthy waters in our area.

## SPENCER'S YADKIN RIVER PARK

The Race to the River 5K finish line and Fun Run will take place at the Town of Spencer's [NEW](#) Yadkin River Park Trailhead at 2565 North Salisbury Avenue, Salisbury, NC 28144. Following the races, join us at Spencer's Yadkin River Park Trailhead for awards, food trucks, and live entertainment from 1 to 6 pm.

## MEDICINE TAKE-BACK

To keep our waterways clean, the Town of Spencer, Spencer Police Department, Rowan County Soil and Water Conservation District, and Rowan County Public Health will be hosting a Medication Take-Back event for citizens to dispose of unused or expired medications from 8:00-9:30 am at Spencer Town Hall (460 South Salisbury Avenue, Spencer, NC 28159).

Rowan and Davidson Counties have built a strong partnership through shared initiatives like preserving and promoting the Wil-Cox Bridge, connecting them across the Yadkin River.

Collaborating on projects that enhance community connectivity and cultural heritage, both counties strengthen their economic and recreational ties.



## PEDAL FACTORY BIKE RIDE

Join the Pedal Factory for a 35-mile Bike Ride or a 7-mile Fun Ride with The Pedal Factory (both rides begin near Spencer Town Hall)\*

All participants receive a water bottle and bike bag as well as one entry for a brand new bike to be raffled off after the ride

- 7-mile Fun Ride includes ride leader and ride sweep, with halfway point rest stop at Wilcox Bridge

**Cost: \$10**

- 35-mile Bike Ride includes low-traffic country roads into Davidson County with a stop at Boone's Cave Park. **Cost: \$25**

Participants must BYO bikes and helmets, or rentals are available. Advance signup is required. For more information, contact the Pedal Factory at (704) 870-7145.



## ROW CO RIVER ADVENTURES SUNSET PADDLE

Join Row Co River Adventures and Yadkin Riverkeeper for a guided sunset paddle. The group will meet at the York Hill Boat Access at Yadkin River Park at 6:00pm for an easy, hour-long paddle. If you have your own equipment, you can join at no cost!

To book a rental, visit [yadkinriverkeeper.org](http://yadkinriverkeeper.org)

**Single Kayak \$25 Double Kayak \$30**

For questions, contact Nicky at Row Co River Adventures at (704) 433-1066.



3RD ANNUAL

# RACE TO THE RIVER 5K & FUN RUN

SEPTEMBER 21, 2024

Part of  
ROWAN COUNTY  
CREEK WEEK 2024

# SCHEDULE OF EVENTS

**8-9:30 am - Medication Take-Back Event** (Spencer Town Hall)

**8-8:45 am - 5K Race to the River** registration at Spencer Town Hall

**9:00 am -**

- **5K Race to the River** to support **Happy Roots**, a partner of the Spencer Community Garden (start location near Spencer Town Hall at the intersection of 3rd Street and Salisbury Avenue in Spencer.)\*

- **Pedal Factory Bike Ride** (long and short options begin near Spencer Town Hall)

**10:00 am - Fun Run** Across the River at Wilcox Bridge

**12:30 pm -** Welcome Patrons, booths and food trucks (All activities after 12:30 PM occur at Yadkin River Park on both Spencer and Davidson County sides).

**12:30 pm -** 20's Band at Plaza starts

**1:00 pm -** Wil-Cox Bridge Centennial Celebration begins - Christopher M. Watford (Mid-Bridge)

**2:00 pm -** Dewey Snider- Historical Talk about Bridges and Ferries (starting at boat landing, finishing at bridge)

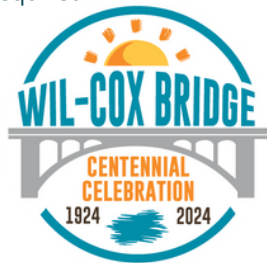
**2:30 pm -** Music at Flag Poles by playground

**3:30 pm -** Tour of Fort York (starts at picnic shelter behind house)

**4:30 pm -** Music at Plaza

**6:00 pm -** Sunset Paddle with **Yadkin Riverkeeper** and **Row Co River Adventures**\*

\*Registration Required



The Wil-Cox Bridge, spanning the Yadkin River between Rowan and Davidson Counties in North Carolina, is a historic concrete arch bridge completed in 1924. Named after local leaders W.T. Wilkinson and Charles B. Cox, the bridge was a vital link on the Atlantic Highway, later U.S. Route 29. For decades, it was a key crossing between the Piedmont regions of North and South Carolina. Decommissioned for traffic in 2010, the bridge is now a pedestrian and bicycle path, offering scenic views and reflecting the region's transportation heritage. Nearing its 100-year anniversary, it is celebrated for its architectural significance and enduring role in connecting communities.

# RACE TO THE RIVER 5K COURSE

Rowan Creek Week's third annual Race to the River 5K will begin near will start near Spencer Town Hall at the intersection of 3rd Street and Salisbury Avenue in Spencer and follow US-29 North to the finish line at Spencer's Yadkin River Park Trailhead (Old NC Finishing Company) and the Wil-Cox Bridge Registration: [runsignup.com](http://runsignup.com), Salisbury Rowan Runners website ([salisburyrowanrunners.org](http://salisburyrowanrunners.org)), or check-in table the day of the event.

Age Groups: 10 and under, 11-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

**Cost \$30 for Pre-registration and \$35 Race-day**

## YOUTH FUN RUN

Following the 5K, a ½ mile Youth Fun Run will be held, starting at the 5K race finish line. Runners ages 12 and under will cross the Wil-Cox Bridge over the Yadkin River and then return to the race starting point for the finish line. **Cost: \$20**

## AWARDS

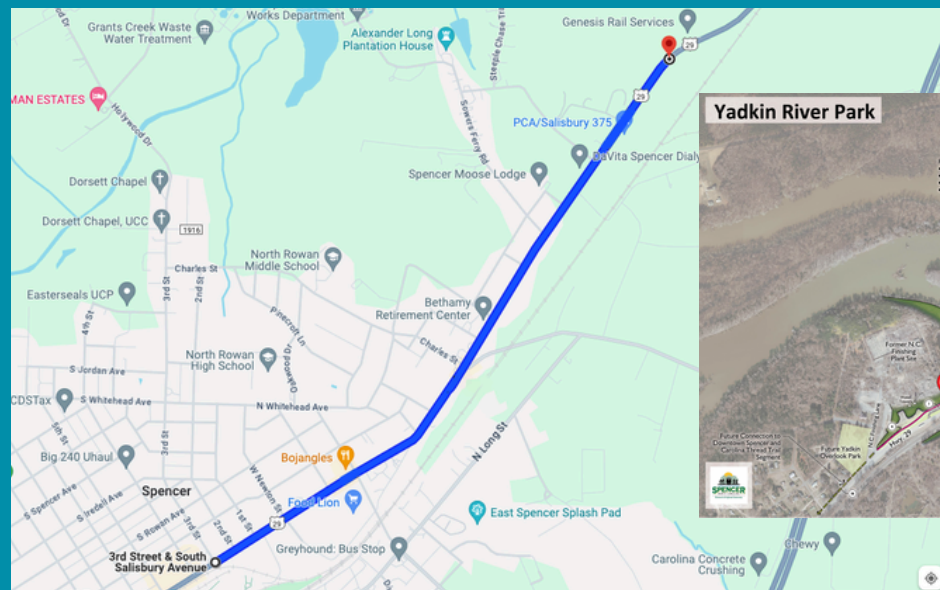
Top 3 Overall (M/W) for 5K

Top 3 Masters (M/W) for 5K (age 40 & above)

Top 3 for each 5K age group (M/F)

1/2 Mile Fun Run Top 3 ages 12 and under

## COURSE MAP



# SPONSORS



Shuttles (sponsored by Cloninger Auto Group) will provide transportation back to Spencer Town Hall parking lot between 9:30 am and 11:30 am.