

ROWAN CREEK WEEK

Creek Week is a week-long celebration of local waters throughout North Carolina. This year, **Rowan Creek Week** will take place from **October 11th - 18th**. In conjunction with multiple organizations and local municipal departments, Creek Week offers recreational, educational, and volunteer opportunities to allow everyone to enjoy and contribute to healthy waters in our area.

www.rowancountync.gov/1464/Creek-Week

WELCOME TO OUR PARKS

The Race to the River 5K ends at the Town of Spencer's Yadkin River Park Trailhead at 2565 North Salisbury Avenue, Salisbury, NC 28144.

The Fun Run will take place at the Spencer Town Park. Following the races, join us at Spencer's Town Park for awards, food trucks, and live entertainment from 11am to 2pm



Join the **Pedal Factory** for a **20-mile** Bike Ride or a **7-mile** Fun Ride beginning near Spencer Town Park-\$15.00
Rides include a Ride Leader and an aid station.

Bike Rodeo - Includes opportunities for bike lessons, safety checks, an obstacle course, helmet giveaways, and great family time.

MEDICINE TAKE-BACK

To keep our waterways clean, the Town of Spencer, Spencer Police Department, Rowan County Soil and Water Conservation District, and Rowan County Public Health will be hosting a Medication Take-Back event for citizens to dispose of **unused or expired medications** from **8:00 a.m.-2:00 p.m.** at Spencer Town Park (460 South Salisbury Avenue, Spencer, NC 28159).



Registration



*4th Annual
Race To The River
5k Run/Walk*

**OCTOBER 18, 2025
9 am**

**Part of
ROWAN COUNTY
CREEK WEEK 2025**



SCHEDULE OF EVENTS

8-2:00 pm - Medication Take-Back Event
(Spencer Town Park)

8-8:45 am - 5K Race to the River
Registration at Spencer Town Park Pavillion

8:30 am - Pedal Factory Bike Ride 20-mile ride begins

8:45 am Pedal Factory Bike Ride 7-mile ride begins

9:00 am - 5K Race to the River to support Spencer Community Garden (start location near Spencer Town Park at the intersection of 3rd Street and Salisbury Avenue in Spencer.

10:15 am - Fun Run 4 Laps around Spencer Town Park

10:30 am – Awards

11:00 am - Welcome Patrons, booths and food trucks to the **Race to the River Festival** All activities occur at the NEW Spencer Town Park.

11:30 am – Bike Rodeo

2:00 pm – Festival ends

RACE TO THE RIVER 5K COURSE

Rowan Creek Week's fourth annual **Race to the River 5K** will begin near Spencer Town Park at the intersection of 3rd Street and Salisbury Avenue in Spencer and follow US-29 North to the finish line at Spencer's Yadkin River Park Trailhead and the Wil-Cox Bridge. Registration: runsignup.com, Salisbury Rowan Runners website (salisburyrowanrunners.org), or check-in table the day of the event.

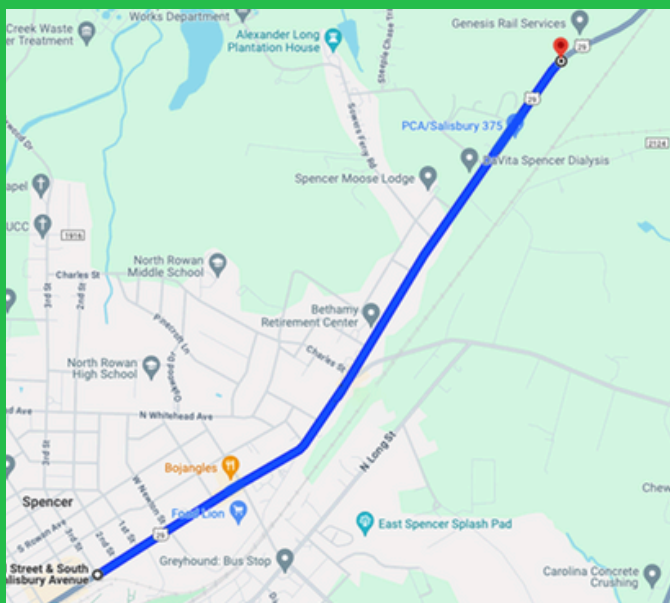
Age Groups: 10 and under, 11-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
Cost \$30 for Pre-registration and \$35 Race-day

YOUTH FUN RUN

Following the 5K, a ½ mile Youth Fun Run will be held at Spencer Town Park. Runners ages 12 and under will run 4 laps around the park. Cost: \$20

AWARDS

Top 3 Overall (M/W) for 5K
Top 3 Masters (M/W) for 5K (age 40 & above)
Top 3 for each 5K age group (M/F)
1/2 Mile Fun Run Top 3 ages 12 and under



SPONSORS



Shuttles (sponsored by Novant Health) will provide transportation back to Spencer Town Hall parking lot between 9:30 am and 11:30 am.

