

Spencer Parks & Recreation Advisory Board

The Spencer Parks & Recreation Advisory Board Activities Initiative is dedicated to bringing fun, engaging, and inclusive activities for all ages to the parks throughout Spencer, NC. Our goal is to create more opportunities for families, youth, adults, and seniors to play, connect, explore, and enjoy our community parks together. Through recreational activities, special events, and community gatherings. Making Spencer's parks vibrant spaces where everyone belongs and there's always something fun to do!

The Race to the River 5K ends at the Town of Spencer's Yadkin River Park Trailhead at 2565 North Salisbury Avenue, Salisbury, NC 28144.

The Fun Run will take place at the Spencer Town Park. Following the races, join us at Spencer's Town Park for awards, food, and games from 9am to 11am



Join the **Pedal Factory** for a **7-mile Fun Ride** beginning near Spencer Town Park-\$15.00 suggested donation
Rides include a Ride Leader and an aid station.

Bike Rodeo - Includes opportunities for bike lessons, safety checks, an obstacle course, helmet giveaways, and great family time.

MEDICINE TAKE-BACK

To keep our waterways clean, the Town of Spencer, Spencer Police Department, Rowan County Soil and Water Conservation District, and Rowan County Public Health will be hosting a Medication Take-Back event for citizens to dispose of **unused or expired medications** from **8:00 a.m.-11:00 a.m.** at Spencer Town Park (460 South Salisbury Avenue, Spencer, NC 28159.



Registration



*5th Annual
Race To The River
5k Run/Walk*

**OCTOBER 17, 2026
9 am**



SCHEDULE OF EVENTS

8-8:45 am Race Registration

8-11 am Race to the River Festival

8-11 am Medicine Take-Back

8:45 am 7-mile Bike Ride

**9:00 am 5k Race to the River
Start near 3rd St & Salisbury Avenue**

9:30 am Bike Rodeo

10:15 am Kid's Fun Run

10:30 am- Awards

RACE TO THE RIVER 5K COURSE

Town of Spencer's fifth annual **Race to the River 5K** will begin near Spencer Town Park at the intersection of 3rd Street and Salisbury Avenue in Spencer and follow US-29 North to the finish line at Spencer's Yadkin River Park Trailhead and the Wil-Cox Bridge. Registration: runsignup.com, Salisbury Rowan Runners website (salisburyrowanrunners.org), or check-in table the day of the event.

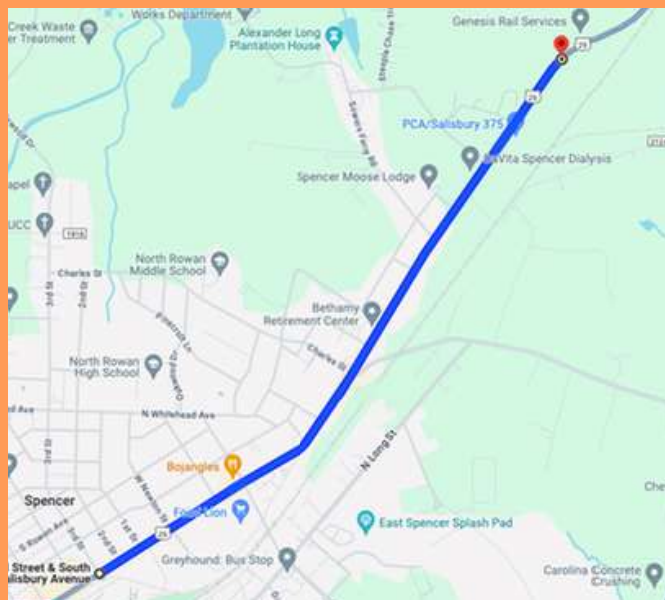
Age Groups: 10 and under, 11-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
Cost \$30 for Pre-registration and \$35 Race-day

YOUTH FUN RUN

Following the 5K, a ½ mile Youth Fun Run will be held at Spencer Town Park. Runners ages 12 and under will run 4 laps around the park. Cost: \$20

AWARDS

Top 3 Overall (M/W) for 5K
Top 3 Masters (M/W) for 5K (age 40 & above)
Top 3 for each 5K age group (M/F)
1/2 Mile Fun Run Top 3 ages 12 and under



SPONSORS



Shuttles (sponsored by Novant Health) will provide transportation back to Spencer Town Hall parking lot between 9:30 am and 11:00 am.